# EMPOWERING EARLY CONNECTIONS FOR STRONG FUTURES: INTEGRATING CHILD DEVELOPMENT IN CHILD WELFARE SYSTEMS

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Best for Babies is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Humane Services (HHS) as part of an award totaling \$847,294.00 with 0% finances with non-governmental sources. The contents of this training are those of the author(s) and do not necessarily represent the official views of nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov



# Why Focus on Infants & Toddlers?

### Greatest Vulnerability

- Most likely to be reported, removed from parents, and experience longer time in system
- Most vulnerable age first 1,000 days of life (birth to 3) largely determine life course
- Greatest opportunity for improving the odds and we know how.



# What Does Science Say?

- 0-3yo is the most rapid period of development in our entire lifespan.
- Early trauma derails healthy development.
- Chronic stress changes brain chemistry and architecture.
- Predisposes children to adult depression, anxiety disorder, addictions, chronic disease (ACEs).

### What is Best for Babies and where does it come from?

- Best for Babies is a statewide initiative to promote better outcomes for families with young children who are involved with the child protection/child welfare system and the courts.
- It is a systems change approach based on the National ZERO TO THREE's Safe Babies approach which incorporates neuroscience and trauma-informed care into the court process.
- Our Mission: Best for Babies is a collaborative statewide initiative advancing the health and well-being of families by understanding and responding to the unique needs of families with young children navigating the child protection system, honoring each family's race, values, traditions and cultural beliefs.
- Our Vision: We envision an equitable child well-being system that is proactive,
   collaborative, and nurtures the relationship between young children and their parents.

### **ZERO TO THREE Safe Babies Quick Facts**

 Founded in 1977, for more than four decades, ZERO TO THREE has been the leading voice for the mental health and well-being of babies and toddlers.



 While the concepts of Safe Babies started around 2002, the first 4
 Safe Babies sites were established by ZERO TO THREE in 2005.



### **ZERO TO THREE Safe Babies Quick Stats**

- Outcomes from active sites include
  - > 0.7% of repeat maltreatment within 12 months compared to the 9.1% national average
  - > 93% of babies and toddlers placed permanently within a year. This is DOUBLE the national average.
  - ➤ Nearly two-thirds of babies and toddlers are reunified or placed permanently with their family.
  - ➤ Babies and toddlers are reaching permanency 2X faster than those who are not within the Safe Babies model.



### The Safe Babies Approach

Safe Babies, a program of ZERO TO THREE, meets the needs of babies and toddlers under court jurisdiction by implementing a team-based approach, rooted in the science of early childhood development, to ignite collective action across states and communities.

IMPACT: Safe Babies focuses on the urgent developmental needs of young children during all planning and decision-making to strengthen early relationships with parents and caregivers and to create safe, stable, and nurturing environments for babies and toddlers.

The Safe Babies approach is guided by five areas of focus, with the needs of babies and their parents at the center. The approach works concurrently, at both the Child and Family Level and the State and Site Level, to ensure healthy childhood development while impacting long-term capacity building.

#### Continuous Quality Improvement

Driving and sustaining best practices to foster reflection instead of reactivity, allowing the space for families and professionals to grow, adapt, and change based on effective data and evaluation

### Interdisciplinary Collaborative and Proactive Teamwork

Ensuring families' individualized needs are addressed by promoting coordination across communities to find creative solutions and remove structural barriers that perpetuate discriminatory processes and inequities

### Enhanced Oversight and Collaborative Problem-Solving

Enhancing judicial oversight with more frequent court hearings and engaging families as partners guided by respect, kindness, and compassion

#### Expedited, Appropriate, and Effective Services

Ensuring services for babies and their families are timely and comprehensive while respecting their lived experiences and the intergenerational effects of social, racial, and health inequities

#### Trauma-Responsive Support

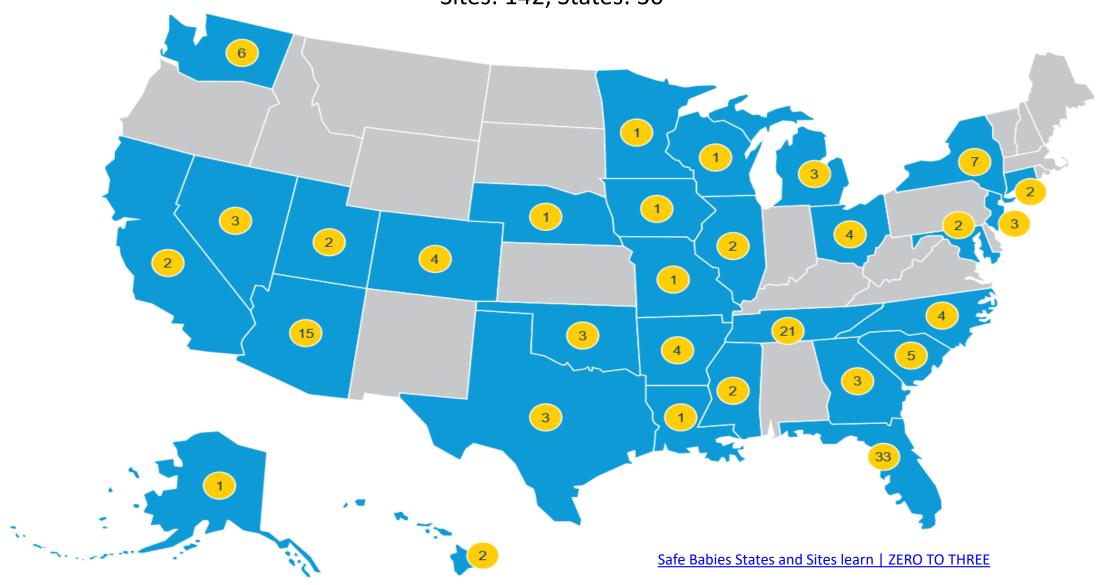
Responding to trauma with a healing approach while recognizing the resilience of parents and understanding the lifelong, systemic social and health inequities facing some families with young children





### Safe Babies Work Nationwide

Sites: 142, States: 30



### **History of Best for Babies (Arizona Safe Babies)**

- 2004: First implemented in Yavapai Juvenile Court
- 2008: By this point, 6
   counties had been provided
   T&TA on B4B/Safe Babies.
   PCAAZ begins hosting an
   annual Court Teams for
   Infants and Toddlers
   Summit (CTIT).





## History of Best for Babies (Arizona Safe Babies) Cont.





- 2011: Maricopa County's Cradle to Crayons (C2C) was founded.
- 2014: All 15 counties had T&TA and 8 counties were implementing it within their juvenile courts. California Clearinghouse on Evidence-**Based Practice rates as** "promising".





### What are C2C Outcomes?

- Successful reunification with birth parents increased from 31% non-C2C to 64% with C2C
- Child safety and placement stability increased
- Re-reports and re-entry to system reduced
- C2C clinical services show a highly promising impact on reunifications, as parents who were offered and accepted at least one clinical service had double the rate of reunification than those who did not.

Maricopa Cradles to Crayons 2018 ASU Center for Child Well-Being Evaluation

## **Annual Court Teams for Infants and Toddlers (CTIT)**

- At this summit, speakers and panelists educate court team members on:
  - The 5 areas of focus.
  - Identify knowledge and service gaps preventing counties from reaching successful implementation.
  - Guide each court team to establish goals and strategies for the next year.
- Through these efforts, the state's court teams are:
  - Expanding judicial oversight of infants and toddlers in foster care.
  - Improving coordination between resource providers.
  - Implementing positive parenting programs.

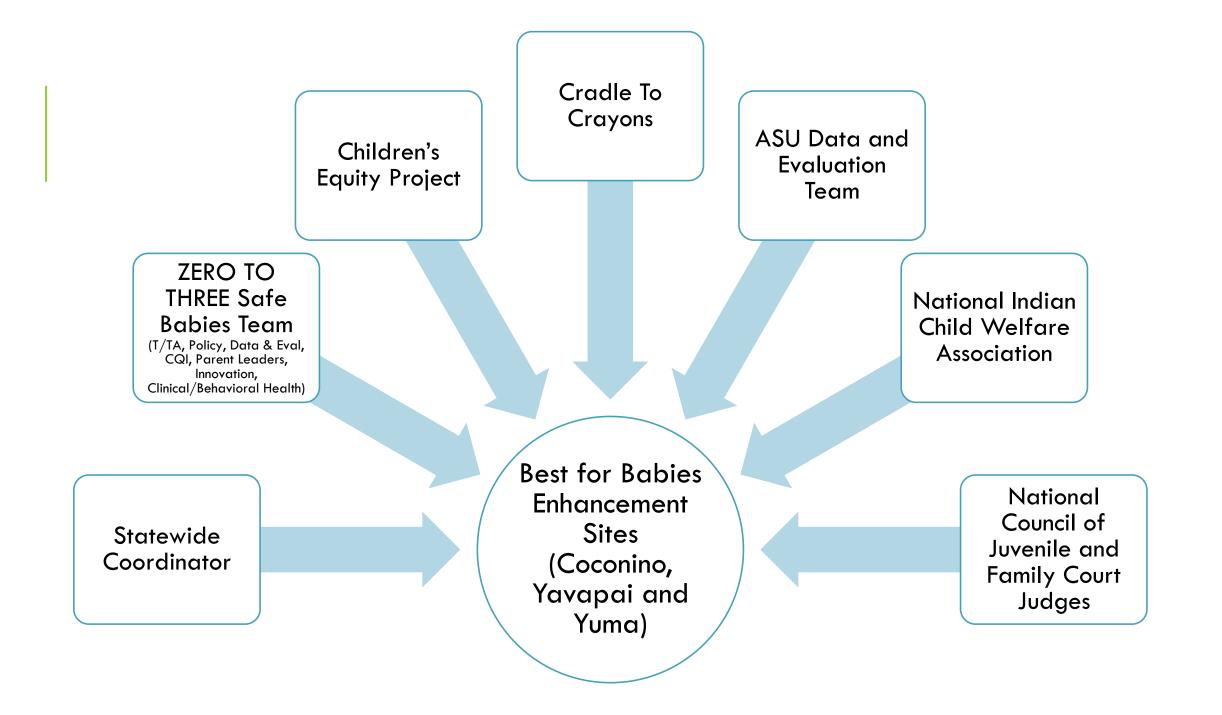
# **Exciting Current/Upcoming Expansions**

- Prevent Child Abuse Arizona received a 5 year grant from HRSA (October 2022-September 2027) to expand Best for Babies efforts and implementation.
  - 3 Site locations are receiving up to \$80,000 a year for 4 years.
    - Coconino
    - Yavapai
    - Yuma
  - State leadership team to help guide and implement change.
  - T&TA from ZERO TO THREE Safe Babies Specialists
    - These services are provided to the Statewide Coordinator as well as to the sites and other Best for Babies affiliates.
    - Community Coordinator Academy
    - LMS and Database
  - Partners
    - ASU Center For Child Well-Being as Data & Evaluation team.
    - ASU Children's Equity Project (CEP) for T/TA on Equity work.
    - Nicole Roskens, Clinical Director of Cradle to Crayons, for T&TA.
    - Lauren Lindquist, Maricopa Supervisor of Community Coordinators, for T&TA.

# **Exciting Current/Upcoming Expansions**

- HRSA Supplemental Funding (October 2023-September 2024)
  - Expanded partnership with CEP
  - \$100,000 towards enhancing court spaces to be trauma informed and family friendly.
    - Coconino
    - Gila
    - Maricopa
    - Mohave
    - Pima
    - Pinal
    - Yavapai
    - Yuma





### **Group Questions**

1. Where do you see overlap between this approach and your wellness courts?

2. What would you need to be successful in creating this overlap?

3. What are some next steps you could take?

### **Contact Information**

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