1					
TULALIP, WASHINGTON					
4					
5 THE TULALIP TRIBES NO. A Federally-Recognized Indian Tribe.					
	nt #				
AND	RIAL DIVERSION AGREEMENT ORDER TRANSFERRING TO				
DOB:	LNESS COURT				
9 Defendant.					
ll .	Defendant				
1 appeared with his/her	counsel. The Tribe appeared through its				
2 prosecutor. The parties stipulate to and the Court finds	and concludes the following:				
3 1. Defendant, a Native American person, knowingly	1. Defendant, a Native American person, knowingly, intelligently, and voluntarily decided to				
make a plea of Guilty to the charge(s) of					
6					
of guilty. The Defendant stipulates and agrees that the information contained in the police report					
8 including alcohol influence report forms, if applica	ble, are accurate and that the facts therein				
stated are admissible into evidence against Defendar	nt if this order of diversion is revoked.				
21					
22	mpartial jury.				
23					
24					
25	and he of one need not teerify against				
26					
3 4 5 6 7 8 9 0 1 2 3 4 5 6 7 8 9 20 21 22 23 24 25	THE TULALIP TRIBES A Federally-Recognized Indian Tribe, Plaintiff,  V.  DOB:  Defendant.  THIS MATTER came before the Tribal Court.  appeared with				

1	c) I will not commit any acts of violence or threats of violence.
2	d) I will be on time for all appointments and Court sessions.
3	e) I will notify the Wellness Court case manager or designee or my treatment
4	provider to receive absence permission in advance and to reschedule any
5	appointments that must be missed.
6	f) I will remain free of alcohol and illegal drugs.
7	g) I may not possess any drug paraphernalia.
8	h) I agree to comply with the Wellness Court Drug Screening policy.
9	i) I will inform the Wellness Court case manager or designee and my treatment
10	provider of any medications being taken, prescribed or over the counter, and l
11	understand that the Wellness Court team will request proof of medical necessity.
12	j) I may not possess any guns or weapons unless authorized by the court.
13	k) I will attend school, the GED program, vocational training and/or work with
14	no unexcused absences.
15	l) I will not violate any curfews set by the Wellness Court team.
16	m) I will not damage, tamper with or remove my GPS tracking bracelet.
17	n) I will follow the Wellness Court dress code.
18	o) I will comply with the community give-back hours and pay any restitution
19	on time.
20	p) I will follow the case plan developed for me by the Wellness Court team and
21	follow all treatment recommendations.
22	6. Address and Telephone Information. The Defendant agrees to immediately notify the
23	Wellness Court in person or in writing of any change of residence or mailing address and
24	telephone number.
25	terephone number.
26	
l	

- 7. Waiver of Confidentiality. The Defendant shall sign all relevant waiver of confidentiality. The Defendant understands that the trial court judge and prosecutor may be Wellness Court team members and may participate in discussions regarding the Defendant's progress in the program and the facts of the underlying criminal behavior.
- 8. **Restitution.** The Defendant agrees to pay the following restitution directly to the Court and for distribution to the following person(s) in the following amount(s):
- 9. <u>Defendant's Agreement.</u> The Defendant understands and agrees that he or she shall fully and completely satisfy all of the conditions of this Agreement, and that failure to carry out and fulfill any term or condition of this Agreement shall constitute a violation of this Agreement.
  - a. The Defendant also understands and agrees that any allegation by the Prosecutor that the Defendant violated this Agreement will result in a hearing by this Court to determine whether a violation has been proven, and that Prosecution will not be required to comply with its obligations in the section entitled "Prosecutor's Agreement" if the Court determines that the Defendant did not fully comply with this agreement.
  - b. Opt out Defendant understands that he/she may withdraw this agreement and opt out of Wellness Court at the third Wellness Court review hearing, and return to the regular criminal trial track and the trial rights waived will be restored. If defendant fails to opt out at that hearing, he/she will remain in the program. If defendant fails to appear or goes on warrant status during this period, he/she forfeits the right to opt out of Wellness Court and the Court will automatically keep him/her in the program at the third Wellness Court review hearing.

1	10. Prosecution's Agreement					
2	If the Defendant successfully complies with the promises he or she has made herein, the					
3 4	Prosecutor agrees to move to dismiss with prejudice the charge(s) of					
5 6	11. <b>Speedy Trial Waiver</b> Defendant agrees to toll speedy trial until the participant is no longer eligible to opt out of the					
7	Wellness Court. Pursuant to an agreement of the parties, if the defendant opts out of Wellness					
8	Court the speedy trial period will reset, calculated from the defendant's first appearance					
9	following the opt-out date. The Tribes will have 60 days if the defendant is in custody or 90 days					
10	if the defendant is out of custody to bring the defendant to trial. TTC 2.25.070(7).					
11						
12	Dated this day of, 20					
13						
14	Defendant:Address:					
15	Phone:					
16						
17	Presented by: Approved for entry:					
18						
19						
20	Prosecutor Attorney for Defendant					
21						
22	Acceptance of Waivers, PDA and Order Transferring to Wellness Court					
23	THIS MATTER having come on regularly before the undersigned Judge of the above-					
24	entitled Court by agreement of the parties for entry of a Pre-Trial Diversion Agreement,					
25	Defendant's waiver of rights; the Court having considered this Agreement, motion and the files					
26	and records herein, and being fully advised in the premises; now, therefore, it is hereby					

1						
2		IP TRIBAL COURT INDIAN RESERVATION				
3		VASHINGTON				
4						
5	THE TULALIP TRIBES A Federally-Recognized Indian Tribe,	NO.				
6	Plaintiff,	PROBATION REVOCATION				
7	v.	AGREEMENT AND ORDER TRANSFERRING TO WELLNESS COURT				
8	DOB:					
9	Defendant.					
10	THIS MATTER came before the Triba	l Court. Probationer				
11	appeared with	his/her counsel. The Tribe appeared through its				
12	prosecutor. The parties stipulate to and the Cou	art finds and concludes the following:				
13	1. Probationer, a Native American person	n, was sentenced in this Court on the charge(s) of				
14						
15	2. Probationer currently has days of jail suspended, \$ of fine owing and					
16	\$ of fine suspended. Those portions of the sentence were suspended on the requirement					
17	that he/she comply with conditions of probation	n including:				
18	☐ Chemical dependency assessment and follo	w all treatment recommendations;				
19	☐ No use or possession of alcohol, marijuana or non-prescribed drugs;					
20	☐ Mental health assessment and follow all treatment recommendations;					
21	☐ Fine of \$;					
22	☐ No new criminal law violations in any juris	diction;				
23	☐ Appear at all scheduled court hearings;					
24	☐ Comply with required probation requirement	nts;				
25	☐ Other:					
26		·				
-						

- 3. The Probationer admits that he/she is in violation of the conditions of his/her Judgment and Sentence Order. The Probationer stipulates and agrees that the information contained in the Affidavit of Violations of Probation, including any attachments, are accurate and that the facts therein stated are admissible into evidence against Probationer.
- 3. The Probationer understands that if she/he is referred to, is screened and offered acceptance to the Tulalip Wellness Court, the Probation Officer will not seek to impose the suspended sentence for the admitted probation violation(s), but instead agrees to resolve the revocation by sending the case to Wellness Court. This agreement is conditioned on the Probationer agreeing to extend probation pursuant to TTC 2.25.160(3)(c), to allow for completion of Wellness Court, and agreement to the following requirements of the Tulalip Wellness Court.
- 4. <u>Cooperation and Truthfulness.</u> The Probationer agrees to fully cooperate and to completely and truthfully answer any and all questions from this Court, Probation Staff, and any health care and/or treatment provider for evaluation(s) and/or treatment required in this Agreement.
- 5. **Probationer's Promise to be Present in Court.** The Probationer understands and agrees that he or she shall be present in court at all future court hearings herein unless previously waived in writing by the judge.
- 6. <u>Additional Conditions.</u> The Probationer agrees to fully and completely satisfy all of the following conditions:
- a) I \_\_\_\_\_\_\_ (participant) acknowledge that I have received a copy of, read or have read to me and understand the Tulalip Healing to Wellness Court Participant Handbook, which I understand may be revised during my participation, and I agree that if I am accepted into the program, I will comply with all the rules and regulations as outlined in the handbook, and all conditions of any Court Order issued.
- b) I will not violate any city, state, tribal or federal laws. Any arrest or contact with police must be reported to the Wellness Court case manager or designee within twenty-four hours.

1		I will not commit any acts of violence or threats of violence.
2	c)	·
3	d)	I will be on time for all appointments and Court sessions.
	e)	I will notify the Wellness Court case manager or designee or my treatment provider
4	to receive abs	ence permission in advance and to reschedule any appointments that must be missed.
5	f)	I will remain free of alcohol and illegal drugs.
6	g)	I may not possess any drug paraphernalia.
7	h)	I understand and agree that drug tests may be given at any time.
8	i)	I will inform the Wellness Court case manager or designee and my treatment
9	provider of an	ny medications being taken, prescribed or over the counter, and I understand that the
10	Wellness Cou	art team will request proof of medical necessity.
11	j)	I may not possess any guns or weapons unless authorized by the Court.
12	k)	I will attend school, the GED program, vocational training and/or work with no
13	unexcused ab	sences.
14	1)	I will not violate any curfews set by the Wellness Court team.
15	m)	I will not damage, tamper with or remove my GPS tracking bracelet and will keep
16	my GPS track	er charged.
17	n)	I will follow the Wellness Court dress code.
18	o)	I will comply with the community give-back hours and pay any restitution on time.
19	p)	I will follow the case plan developed for me by the Wellness Court team and follow
20	all treatment r	recommendations.
21	8. Addre	ess and Telephone Information. The Probationer shall immediately notify the
22	Wellness Cou	rt in person or in writing of any change of residence or mailing address and telephone
23	number.	
24	9. <b>Waiv</b>	er of Confidentiality. The Probationer shall sign all relevant waivers of
25	confidentiality	y. The Probationer understands that the judge and prosecutor are Wellness Court team
26		

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
21	
22	
23	

25

26

members and participate in discussions regarding the Probationer's progress in the program and the facts of the underlying criminal behavior.

- 10. **<u>Drugs Prohibited.</u>** The Probationer shall not possess or consume any non-prescribed drugs.
- 11. **Alcohol Prohibited.** The Probationer shall not possess or consume alcohol.
- 12. **Restitution.** The Probationer shall pay the following restitution directly to the court and for distribution to the following person(s) in the following amount(s):
- Opt Out. Probationer understands that he/she may withdraw this agreement and opt out of Wellness Court at the third Wellness Court review hearing, and the case will return to the regular criminal docket, where the probationer will receive a sanction for the probation violations in accordance with TTC 2.25.160(3). If Probationer fails to opt out at that hearing, he/she will remain in the program. If Probationer fails to appear or goes on warrant status during this period, he/she forfeits the right to opt out of Wellness Court and the Court will automatically keep him/her in the program at the third Wellness Court review hearing.
- 14. **Probationer's Promise to Fully Satisfy Conditions.** The Probationer understands and agrees that he or she shall fully and completely satisfy all of the conditions of this Agreement, and that failure to carry out and fulfill any term or condition of this Agreement shall constitute a violation of probation.

The Probationer also understands that if the probationer violates this Agreement and the Wellness Court Team terminates him/her from the program, Prosecution will not be required to comply with its obligations in the section entitled "Prosecutor's Agreement." If the Probationer contests the basis for termination, a hearing will be set and the Prosecutor must prove the violation by a preponderance of the evidence. Procedures in TTC 2.25.160(2) shall apply to contested termination hearings.

1	Termination from the Wellness Court program is a probation revocation for the purposes
2	of TTC 2.25.160, and penalties shall conform to section (3), Penalty upon Revocation of
3	Probation.
4	15. Prosecution's Agreement.
5	If the Probationer successfully completes Wellness Court, the Prosecutor shall move to
6	close the case subject to this agreement upon graduation from the Wellness Court
7	program, including waiver of any fine (which does not include any restitution) owed.
8	
9	Dated this day of, 20
10	
11	Probationer:Address:
12	Phone:
13	
14	Presented by: Approved for entry:
15	
16	, WSBA #
17	Prosecutor Attorney for Probationer
18	
19	Findings and Order Transferring to Wellness Court
20	THIS MATTER having come on regularly before the undersigned Judge of the above-
21	entitled Court by agreement of the parties for entry of a Probation Revocation Agreement, the
22	Court having considered this Agreement, motion and the files and records herein, and being fully
23	advised in the premises; now, therefore,
24	the Court finds that the Probationer admitted to the alleged violations contained in the
25	notice of revocation, and there is a basis to find that the probationer is in violation of his/her
26	Judgement and Sentence in this case:;

1	It is hereby ORDERED that the Court declines to impose any suspended sentence, and
2	instead transfers the probationer's case to the Tulalip Wellness Court.
3	It is further ORDERED that the Probationer shall comply with the Wellness Court
4	Contract and Order Admitting Probationer, The Tulalip Healing to Wellness Court Participant
5	Handbook, any case plan created for the Probationer by the Wellness Court team and any
6	treatment recommendations.
7	
8	DONE IN OPEN COURT this day of
9	
10	Tulalip Tribal Court Judge
11	Tulanp Thom Court Juage
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	

#### TULALIP HEALING TO WELLNESS COURT PARTICIPANT HANDBOOK

By signing below, I acknowledge I have received the Wellness Court Participant Handbook, and that I have read, been instructed to read, or someone has read to me the entire Handbook.

Date:	_
Participant Signature	
Print Participant Name	
Wellness Court Team Member	



**Tulalip Healing to Wellness Court** 

6103 31st Ave NE, Tulalip, WA 98271 | 360-716-4773

Page Intentionally Left Blank



# PARTICIPANT HANDBOOK



### **TABLE OF CONTENTS**

Section	Page
Introduction to Wellness Court	5
Program Overview and Description	5-7
<ul> <li>Program Overview and Description</li> </ul>	
<ul> <li>Stages of Wellness Court</li> </ul>	
Program Requirements:	7-10
<ul> <li>Provisional Period</li> </ul>	
• GPS	
Case Management	
Recovery Support	
Cultural Activity	
<ul> <li>Meetings</li> </ul>	
<ul> <li>Conduct</li> </ul>	
<ul> <li>Prohibited Places</li> </ul>	
<ul> <li>Education/vocational training/job skill training</li> </ul>	
• Employment	
Treaty Hunting and Fishing	
Confidentiality	
<ul> <li>Give back hours</li> </ul>	
Drug screening	10
Dental & Medical Appointments/Prescription Medications	11
Treatment	11
Review Hearings/Court Appearances	12
Court Responses	12
Travel and Funeral Leave	12
Termination	13
Commencement Ceremony - Graduation	14
Rules and Responsibilities	15

#### INTRODUCTION TO WELLNESS COURT

#### **Mission Statement**

To provide the support and resources necessary for our Participants to begin living sober lives and reconnecting with their families, community, and culture.

#### **Program Overview & Description**

This Handbook provides information about the Wellness Court and what is expected of you as a Participant. As a Participant, you are expected to comply with all aspects of this Handbook, Wellness Court Orders, and to follow all instructions given in court by the Judge.

Criminal defendants charged with non-violent offenses arising from drug abuse and/or mental health conditions may be eligible to participate in the Tulalip Healing to Wellness Court and have their charges dismissed or probation closed.

Tulalip's Healing to Wellness Court (Wellness Court) will offer referrals and support in accessing comprehensive services in the areas of medical, mental health, and substance use disorder treatment, jobs skills, and placement.

Each Participant will be supported, supervised, and held accountable to that plan by the members of the Wellness Court team: Judge, Prosecutor, Defense Attorney, Coordinator, Case Manager, Substance Use Disorder Professional, Mental Health Counselor, and Law Enforcement Officer.

NOTE: <u>The information and rules in this Handbook may periodically change. Participants will be kept informed of any changes. You agree to be bound and abide by any subsequent changes.</u>

#### STAGES OF WELLNESS COURT

Wellness Court Participants must complete the five (5) Stages of Wellness Court to be eligible to graduate. Your treatment provider will track your progress through the Stages and report to the team when each stage requirement is met. At the completion of each Stage, you will be presented with a certificate and requirements for the next Stage. You will be eligible for Commencement Ceremony (graduation) when you have completed Stage Five.

#### Stage One – Introduction to Wellness Court: (14 consecutive days with no missed UAs)

- Attend Wellness Court as scheduled
- Comply with all court and treatment requirements
  - Attend scheduled Case Manager meetings, scheduled treatment sessions, self-help groups, cultural event, provide UA samples when scheduled, any other assigned requirements
- Comply with GPS monitoring
- Comply with curfew of 9:00 pm 6:00 am
- Get medical assessment and schedule a dental evaluation and provide verification to Wellness Court team

You must have a minimum of 14 consecutive days of no missed UAs to progress to Stage Two.

Tulalip Healing to Wellness Court Participant Handbook

#### Stage Two – Accountability: (minimum of 90 days)

• Attend Wellness Court as scheduled

Comply with all treatment and court requirements

- Attend scheduled Case Manager meetings, scheduled treatment sessions, self-help groups, cultural event, provide UA samples when scheduled, any other assigned requirements, such your Recovery Plan
- Attend scheduled dental evaluation and provide verification to Wellness Court team
- Provide your Case Manager with a copy of your High School Diploma or General Education Degree (GED) OR, if you did not get either of those, identify and complete a long term written education/vocational training/job skills plan.
- Obtain and maintain sober housing
- Comply with curfew of 10 pm 6.00 am
- Start Moral Reconation Therapy (MRT) and complete Steps 1-4

You must have a minimum of 30 consecutive days clean and sober (as evidenced by UA results) and in compliance with all requirements to progress to Stage Three.

#### Stage Three – Life Skills: (minimum of 90 days)

- Attend Wellness Court as scheduled Comply with all treatment and court requirements
  - Attend scheduled Case Manager meetings, scheduled treatment sessions, self-help groups, cultural event, provide UA samples when scheduled, any other assigned requirements, such as your Recovery Plan or Life Skills
- Continue to work on education/vocational training/ job skills plan/goals
- Complete MRT
- Begin working on community give back hours

You must have a minimum of 45 consecutive days clean and sober (as evidenced by UA results) and in compliance with all requirements in order to progress to Stage Four.

#### Stage Four – Independence: (minimum of 90 days)

- Attend Wellness Court every other week or as scheduled by the court Comply with all treatment and court requirements
  - Attend scheduled Case Manager meetings, scheduled treatment sessions, self-help groups, cultural event, provide UA samples when scheduled, any other assigned requirements, such as maintaining sober housing
- Obtain and maintain stable employment (minimum 20 hours per week), or enroll in and attend school (to be approved by Wellness Court team)
- Complete community give back hours (40 hours)
- Other individual requirements (if applicable, i.e., Recovery Plan, Life Skills, etc.)

You must have a minimum of 60 consecutive days clean and sober (as evidenced by UA results) and in compliance with all requirements in order to progress to Stage Five.

#### Stage Five – Mastery: (minimum of 120 days)

- Attend Wellness Court monthly or as scheduled by the court Comply with all treatment and court requirements
  - Attend scheduled Case Manager meetings, scheduled treatment sessions, self-help groups, cultural event, provide UA samples when scheduled, any other requirements, such as maintaining sober housing or Recovery Plan
- Restrictions Lifted on prohibited places, unless against treatment or court's order
- Maintain employment (minimum 20 hours per week) or be attending school (minimum 10 credits per quarter, and must be approved by Wellness Court team)
- Pay off all restitution
- Maintain a sober network, such as through a sponsor or community participation

You must have a minimum of 120 consecutive days clean and sober (as evidenced by UA results), have no pending UA results, and in be compliance with all requirements in order to complete the program and have a Commencement Ceremony. A Participant will be eligible to graduate upon approval of the Wellness Court team.

#### **PROGRAM REQUIREMENTS**

You must report to your treatment agency as directed, and you must attend all individual and group sessions on time. You will be expected to attend support group meetings according to the schedule designed by your counselor. You will also be participating in random drug testing. You must follow all program rules and regulations.

#### **Provisional Period**

Your first three Wellness Court hearings are known as a "provisional period." During this period you may choose to opt out of Wellness Court and return to the pretrial or probation criminal dockets, with all of your rights restored. If you want to opt out you must tell the Court in person at a Wellness Court review hearing, or in writing via motion. After your third Wellness Court hearing, you can't opt out of the program. If you go on warrant status during the provisional period or fail to appear at court, you lose the right to opt out. The Court will automatically keep you in the program after what would have been your third hearing.

During the provisional period, the Wellness Court defense attorney only represents you in Wellness Court. If you have questions about going back to the regular criminal court, questions about your case, or any other non-Wellness Court questions, you need to ask your original attorney. After the provisional period is over, the Wellness Court defense attorney is your only attorney.

#### GLOBAL POSITIONING SYSTEM (GPS) MONITORING

All Participants starting Wellness Court will automatically be put on GPS monitoring for Stage 1. If a Participant has 14 consecutive days clean and sober as evident by UAs and in 100% compliance with Wellness Court, the team may consider removing GPS monitoring. If the Participant has a relapse or is out of compliance, then GPS monitoring may be reinstated. Cutting off the GPS will result in a court response up to and including termination from the Wellness Court program.

#### CASE MANAGEMENT

Your Case Manager will work with you to assist you in overcoming obstacles and provide guidance and support needed to successfully progress through the program. Your Case Manager will report your progress to the Wellness Court Team.

#### RECOVERY SUPPORT

The Recovery Support Specialist will work closely with you to develop, implement, and promote traditional cultural activities, sober support group attendance, and provide linkages to other recovery resources in the community.

#### RECOVERY SUPPORT HOUSING SERVICES

You may apply for funding for sober housing rental assistance to cover rental costs at an approved sober house. This funding is one time only and you must meet eligibility criteria. For more information check with your case manager

#### HOUSING

You must live in Snohomish County in a place that is sober at all times while participating in Wellness Court

You are not to have any drugs (including marijuana and designer) alcohol, and or paraphernalia in your home. This rule applies to everyone who lives in the home, regardless if they are participating in court

Participants shall discuss any address changes with the HWC prior to moving and need to notify Wellness Court within 24 hours of moving.

#### HOME AND FIELD VISITS

On occasion, members of the Wellness Court Team and/or Tulalip Law Enforcement may visit you at home or in the field such as work, community events, and other locations as deemed appropriate to make sure you are maintaining a drug and alcohol-free lifestyle. You are required to be respectful of them at all times.

#### **CULTURAL ACTIVITY**

You are required to attend and participate in a minimum of one (1) cultural event each month. You are required to present proof of attendance at each event to Wellness Court using the Mobile Trek application. You are required to use the Mobile Trek application to check-in and out of your cultural event. If you do not have a cell phone, this will be addressed on a case-by-case basis.

#### **MEETINGS**

You are required to attend and participate in 12-step/support/cultural support group meetings. The frequency of these meetings will be determined by your treatment provider. You must attend each of these meetings on separate days each week. In order to get credit for the meeting, you must stay for the full duration of the meeting. You are also required to present proof of attendance at those support group meetings using the Mobile Trek application. All required support groups must be completed by 11:59 pm the day before your court review hearing. All meetings must be in person, unless expressly allowed otherwise by the Wellness Court team or by the court's order.

You are required to use the Mobile Trek application to check-in and out of your support group. If you do not have a cell phone, this will be addressed on a case-by-case basis.

#### **CONDUCT**

You shall show respect to staff, peers, the Judge, and the court at all times. There is no eating, drinking, or chewing gum in the courtroom or at treatment, without Wellness Court team approval. Maintaining appropriate behavior shows the progress you are making toward your recovery. Disruptive talking in the courtroom during sessions, or in treatment when it is not your turn, being on your phone, and disrupting court is unacceptable. Wellness Court hearings allow a Participant to learn from their peers. We show respect to every individual.

Inappropriate sexual behavior, comments, or harassment towards staff and other Participants will not be tolerated. If what you are going to do or say might make someone else uncomfortable, do not do it or say it.

#### PROHIBITIED PLACES

Places you are not allowed to be include bars, taverns/pubs, casinos, as well as homes where alcohol or drugs are used, party sites, Boom City during fireworks season, and gathering places where drugs and/or alcohol are being consumed. You may only be on the premises of a casino if you are employed and only during your shift hours. These restrictions will be lifted in Stage 5 unless there are specific treatment recommendations to not lift restrictions or by order of the Court. Any restriction will be discussed with the Participant and put in the stage plan.

#### EDUCATION/VOCATIONAL TRAINING/JOB SKILLS TRAINING

You must develop an education/vocational training/job skills plan. You will work with your Case Manager to develop your plan. Your Case Manager will continue to help you along the way to make sure this goal is met. If you already have your high school diploma or GED, then provide a copy to your Case Manager. If you received your GED from an institution in Washington State, and do not currently have a copy, you can appear at any Community College testing center with a picture ID and ask to have your record looked up. They can print you a copy of your test scores, which will be accepted by Wellness Court if it shows you have passed, and will direct you on where to apply for an official certificate if you want one.

#### **EMPLOYMENT**

It is your obligation to inform your employer of your participation in the Wellness Court program and make necessary arrangements for court appearances and therapeutic activities. Your treatment counselor and the Wellness Court Case Manager must be notified of changes in your employment status immediately. Employment will be verified routinely through phone contact or paycheck stubs by the Case Manager. On-site visits may also be conducted. If you are not employed when you enter the program, you may be required to attend employment assistance groups as part of your treatment or the program. You will be expected to have suitable and legal employment, or be enrolled in school, in order to graduate from the program. Bars, taverns, pubs, marijuana dispensaries, and Boom City are not suitable work locations.

#### TREATY FISHING AND HUNTING

**Participants in Stage 3** may be allowed to participate in treaty fishing and hunting activities provided they must do the following:

- 1. Fill out and complete a fishing and hunting form
- 2. Provide a UA both before and after the treaty activity
- 3. Take a selfie complete with date and location data during the treaty activity and send that to their Wellness Case Manager

Participants are *not allowed* to miss two (2) consecutive Court days in pursuit of treaty hunting and fishing. Non-compliance with Wellness Court rules and requirements may result in a denial to participate in fishing or hunting activities.

#### **CONFIDENTIALITY**

Your rights to confidentiality are protected by Federal law. Information will not be released by the Wellness Court team without your written consent. You must sign a consent form, and any continuing or updated consent forms, allowing treatment program staff and the rest of the Team, as well as others identified by the court, to exchange information, in order to participate in the program. Exchange of information is necessary and in your best interest.

#### **GIVE BACK HOURS**

Wellness Court Participants will not be required to pay a monetary fee for Wellness Court participation. Participants will be required to donate 40 hours of their time to help the community. This will be referred to as "community give back."

#### **DRUG SCREENING**

You are required to provide urine samples on a regular basis to monitor your progress. At times, you may also be required to submit to other recognized drug/alcohol monitoring techniques, i.e., hair follicle, oral swab. Any positive urine screens, tampered samples, diluted samples, or refusal to provide a sample will result in a sanction from the Wellness Court, up to and including termination from the program. You will not be permitted to provide a sample if you arrive late or leave the facility.

You must not ingest the following:

- 1. Any mind- or mood-altering substances.
- 2. Alcohol (could be in cold medicine like Nyquil, Bar-B-Que, sauce, etc.), alcohol substitutes (Near Beer, etc.) that may also contain some alcohol.
- 3. Poppy seeds in <u>anv</u> form (muffins, bagels, bread, salad dressing, etc.).
- 4. "Natural" or herbal remedies or supplements.
- 5. Over-the-counter or prescription medicines without prior approval by your treatment provider such as Benadryl and diet pills.
- 6. Medications from Canada not sold over the counter in USA (222's, etc.).
- 7. Products containing ephedrine (found in sinus and cold allergy medications).

#### 8. Energy Drinks.

#### If you have questions, ask your treatment counselor FIRST!

Your body is YOUR responsibility. You are responsible for everything that goes into your body and therefore everything that leaves your body. This means each and every time you provide a urine sample, you will be held responsible for the test results.

If the Mobile Trek app is not working, or you do not have access to the app, you are required to call Mobile Trek using the phone number provided to you by Wellness Court staff. It is your responsibility to check in daily.

If you miss a check in or a UA, and are in Stage 4 or 5, then you will have at least 4 weeks before you can stage up or graduate. Please contact your treatment provider or Wellness Court Case Manager if you have questions regarding UA line procedures.

#### **DENTAL & MEDICAL APPOINTMENTS/PRESCRIPTION MEDICATIONS**

Participants in Wellness Court are expected to be drug free, including the use of mood or mindaltering, potentially addictive, prescription medications. Defendants with chronic pain requiring repeated use of prescription mind- and mood-altering pain medications which may include: opiate, narcotic, or benzodiazepine medications are not good candidates for the program. If you choose to participate in Wellness Court, then you will be required to discontinue all addictive medications.

Participants who are in Wellness Court must have the Wellness Court Medication form completed by their doctor before they take any medication. The form must be given to your physician at the time of services and be completed in its entirety and must include verification from the prescribing medical professional that you disclosed you are receiving treatment for a substance use disorder. This form, with copies of the prescriptions, must be provided to your treatment counselor and Case Manager within 24 hours. Participants are required to only use one physician and one pharmacist for all prescribed medications taken while in the program.

Participants are not permitted to change physician or pharmacy during the duration of the program. If there is a dire need to change physician or pharmacy this will need to be discussed with your treatment provider and staffed with the Wellness Court team before any changes can be made. Any medications may result in a change to your clean and sober date.

#### **TREATMENT**

Participants in Wellness Court are required to receive all substance use disorder treatment through Tulalip Tribes Family Services/Behavioral Health. There are two exceptions to this requirement:

- 1. If a Participant needs services that are not offered at Family Services. If you are receiving a service outside of Family Services for this reason, then a release of information must be signed for your treatment provider and your Wellness Court Case Manager to verify compliance, discuss treatment plans, etc.
- 2. If Family Services is unable to offer services to a Participant, then the Participant will be

Tulalip Healing to Wellness Court Participant Handbook

referred to another location for chemical dependency treatment. A release of information will need to be signed with the outside agency for the Wellness Court treatment provider and the Wellness Court Case Manager to verify compliance, discuss treatment plans, etc.

You are required to successfully complete all phases of substance use disorder treatment before graduating from Wellness Court. Participants must be enrolled in treatment while participating in Wellness Court. Suspension or termination from treatment may result in termination from Wellness Court.

Other services: During your time in the program, there may be times where you are referred to other services. This includes, but is not limited to: mental health treatment, the problem gambling program, parenting classes, etc. To successfully graduate from the Wellness Court program, you must be compliant with all treatment recommendations and in the after-care phase of treatment, or successfully completed the treatment recommendation. Please contact your treatment counselor or Case Manager should you have any questions.

#### **REVIEW HEARING/COURT APPEARANCE**

You are required to attend regularly scheduled court review hearings at which the Judge reviews your progress toward recovery. You must arrive on time and stay until the end of the court session.

#### **COURT RESPONSES**

At each Wellness Court review hearing, you <u>may</u> be subject to incentives and/or sanctions from the court based on behavior or performance for the reporting period. Both compliant and noncompliant behaviors may be addressed with incentives or sanctions from the court to reinforce your choices and behaviors.

#### TRIP REQUEST/TRAVEL

If you wish to travel, you will need to complete a trip request form and provide it to your Case Manager, or, if they are unavailable, to the Wellness Program Manager, 48 hours prior to the planned travel. The team will review the request and approve or deny as appropriate. To be eligible, you must be in Stages 2-5 and in 100% compliance for at least 3 consecutive weeks. Please review the Travel Request Form for specific guidelines for travel requests.

#### **FUNERAL LEAVE**

A Participant may complete a funeral leave request form to be excused from court to attend a funeral of an immediate family member or to visit a family member whose death is imminent. The team shall have the discretion to approve or deny the funeral leave.

#### **TERMINATION**

Termination is an extreme measure. It is the correct response to serious breaches of program rules that compromise program integrity, indicating a person cannot be successful in the program.

- The termination of a Participant from the Wellness Court will be a decision made by the Wellness Court team.
- A Participant's continual lack of progress in treatment and/or continual noncompliance with may be grounds for termination from Wellness Court.
- Significant or severe rule infractions, including but not limited to those identified below, may be grounds for termination from Wellness Court:
  - Failure to participate in treatment;
  - New criminal charges;
  - Continuous failure to complete all program requirements; and/or
  - Tampering with drug testing

# Termination shall automatically occur for one of the following charges, if probable cause is determined:

- If probable cause is found for one of the following new charges:
  - Drug sales, including trafficking;
  - Violent crimes such as assault, including partner or family member assault, robbery, adsexual offenses; or
  - Violation of no contact, protection, or anti-harassment orders;
- Threats of violence to Wellness Court team member(s) or participant(s);
- Being on warrant status on Wellness Court case(s) for 90 or more days; and/or
- If a permanent domestic violence, sexual assault, or family violence protection, anti-harassment, or no-contact order is issued against a Participant. "Permanent" is as defined in the Tulalip Tribal Code, Chapter 4.25 (with notice and a hearing), and does not include a temporary order.

If a Participant becomes medically unable to participate in the Wellness Court program, then they may be eligible for a medical termination. Documentation regarding the diagnosis must be provided to the team to determine the best course of action. Contact the Wellness Court Defense Attorney if you feel a medical termination is appropriate.

#### **COMMENCEMENT CEREMONY (Graduation) FOR COMPLETION OF PROGRAM**

Participants who complete all the requirements of the Wellness Court Stages should graduate from Wellness Court. However, a final decision on graduation will be made by the Judge with input from the Wellness Court team. All scheduled graduation dates are tentative and subject to change. You should not make plans that would impact your ability to continue to participate in the Wellness Court program should your graduation date be extended. Any pending pretrial diversion criminal charge(s) will be dismissed and probation matters that were included in your Wellness Court order will be closed upon graduation.

Graduation from the program is cause for celebration! Your family and friends are invited to attend your commencement ceremony, which honors your successful completion of the program, your accomplishment of achieving a drug and alcohol-free life, and moving out of the criminal justice system.

#### COURTROOM & TREATMENT RULES AND RESPONSIBILITIES

Participants have a responsibility to dress and appear in the Wellness Court and at the treatment center according to standards of propriety, safety, and health, and according to the following guidelines:

- 1. Arrive on time and stay for the entire court hearing. You are not to leave the courtroom once court has started, unless excused by the team. Take care of any personal needs beforehand.
- 2. DO NOT socialize and disrupt court; it is disrespectful to the Court and your peers.
- 3. Be respectful of your peers and the Court. NO profanity or bad language.
- 4. Turn off all electronic devices, cell phones, and Blue Tooth devices **BEFORE** entering the courtroom. Use of the Internet and texting are not allowed in the courtroom unless it is a virtual court hearing and devices are needed to participate in the court hearing. You cannot engage in any outside communications while in court.
- 5. Dress appropriately for court.
- 6. Do not bring infants and/or small children to court. Having children there will not delay or impact sanctions from the court. If no immediate arrangements can be made for their care, beda?chelh will be called.
- 7. Pay attention and respond to your turn at the podium.
- 8. No gum, food, or drink except water is allowed in the court room, except by team approval.
- 9. The Judge should always be addressed as "Judge" or "Your Honor" during court and in the courtroom. Stand at the podium when addressing the Judge.



# **Tulalip Healing to Wellness Court**

# **Intake Screening Form**

For Staff use only:				COVID-19 Vaccine: Yes	No
Residence in Tulalip: Yes	No	MAT/OMT: Yes	No	Prev. Drug Court HX: Yes	No
Prescription Drugs: Yes	No	Risk Score: High	Low	RANT Needs Score: High	Low

Date of Screening: \_\_\_\_/\_\_\_/\_

Full Name	Э	Last	First	t	Middle	
Tribe:				Tribal ID No		
Aliases/M	laiden Nan	ne/Other Names Used		E-mail Address:		
How wou	ld you des	cribe your current liv	ing situation?			
Are there	any drugs	or alcohol where yo	ı are living?			
Home Pho	one (	)	Cell Phone ( )		Message Phone (	)
Physical A	Address	Street		Apt#	City	Zip Code
Mailing A	ddress (If a	applicable) Street/	PO Box#	City		Zip Code
How Iona	have vou	lived here?	Type of Residence		Ownership Status	
Month(s):	•	ar(s):	House Apartment/ Other:	Condo Shelter	Rent Own Other	
Who are y	you curren	tly living with and wh	at is your relationship	with them? Please pr	ovide full Names	
Name:			Vame:	Nan	ne:	
Relationsl	hip:		Relationship:	Rela	ationship:	
Gender			Sexual Orientation	n/Identity		
Male Fe	emale Ot	her:	_ Straight Gay	Lesbian Bi-	Sexual Other:	
Height	Weight	,	ne) Black Blue	•	le One) Bald Black	Blonde Brown
		' I			/hite Other:	
Date of B	irth Aç	ge*   *If 21 or under,	have you even been in	foster care or guardi	anship?	
How wou	ld you des	cribe your relationsh	p status?			
Have you	ever serve	ed in a branch of the	J.S. Military? Yes	No		
Driver's L	icense Sta	itus (Circle one)		ID#	State:	_
Valid		None	Expired/Not Valid	Su	spended	Revoked

### Children

otal # of Children:		Dependent C	1	_	
Child's Name	Age	Gender	Do you have custody?	Do you have visitation?	Who does this Child live with?
		M or F	Yes or No	Yes or No	
		M or F	Yes or No	Yes or No	
		M or F	Yes or No	Yes or No	
		M or F	Yes or No	Yes or No	
		M or F	Yes or No	Yes or No	
		M or F	Yes or No	Yes or No	

Is any agency (beda?chelh, CPS, etc.) involved in the care/custody of the child/children? Yes No

If yes, please describe:

If not involved at this time, was there past involvement? If so, what agency was involved?

**Substance Abuse History** 

Primary drug of choice:		Secondary drug of choice:		
When was the last time you used drugs or alco	ohol?			
Date:	Drug(s):			
Have you used IV drugs in the past 30 days?	Yes No	Do you have a history of IV use? Yes No		
What age did you begin using drugs?		What age did you begin using alcohol?		
Are you currently in a Substance Abuse Treatment Program? Yes No				
If Yes, Where:	Start Date:	Type of program:		
How many times have you previously attended substance abuse treatment?				

## **Mental Health History**

· · · · · · · · · · · · · · · · · · ·
Current medications, medication dose, and prescribing physician (psychological conditions only):
Have you ever received mental health counseling or treatment services: Yes No If so, when, where, and for what?
Have you ever been diagnosed with a Mental Health Condition? Yes No  If so, what is the diagnosis(s):

_	y concerns about yo e your concerns?	ur mental health at this tir	me? Yes No
Medical His	tory		
Current medica	tions, medication do	se, and prescribing physic	cian (physical conditions only):
Are you current	ly prescribed a medi	 cation for your substance	e abuse (e.g. Suboxone/Methadone/Naltrexone)? Yes No
_		of this medication?	
Do you have he	alth/medical insuran	ce? (Circle One)	
None M	Medicaid Me	dicare Private In	surance* Other:
*Name of Privat	e Insurance Provide	••	
If so, for what?	ly receiving medical	treatment? Yes No	
Do you have an	y medical concerns	at this time? Yes No	
If yes, what are	e your concerns?		
Do you anticipa	-	I needs or operations that	t may require prescription narcotics? Yes No
History of denta	Il/medical operations	(Begin with the most rec	ent and work backwards):
Date:		For:	
Date:		For:	
Date:		For:	
Criminal Ju	stice / Legal	History	
Prior Conviction	ns? Yes No		
If yes, what ar	e your prior convict	cions beginning with the	most recent:
Previous Convi	ctions of Domestic V	iolence? Yes No	
Previous Convi	ctions of a Sex Offer	se? Yes No	Have you ever registered as a sex offender? Yes No
If yes, What:			If yes, when?
Do you have an	y outstanding warra	nts for your arrest? Yes	No
If yes, Where?			For what?

# Criminal Justice / Legal History (Continued)

Are you currently on Probation? Yes No Probation Officer's Name:
If yes, where are you on probation?  Are you currently on Parole? Yes No Parole Officer's Name:  If yes, for what?  If yes, where are you on probation?  Do you have any other pending cases that have been charged and you have received notice of? Yes No If so, what are they?  Were there any others involved and/or arrested in your current offense(s) referred to Wellness Court? Yes No If so, who?  How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
If yes, where are you on probation?  Are you currently on Parole? Yes No Parole Officer's Name:  If yes, for what?  If yes, where are you on probation?  Do you have any other pending cases that have been charged and you have received notice of? Yes No If so, what are they?  Were there any others involved and/or arrested in your current offense(s) referred to Wellness Court? Yes No If so, who?  How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Are you currently on Parole? Yes No Parole Officer's Name:
If yes, where are you on probation?  Do you have any other pending cases that have been charged and you have received notice of? Yes No If so, what are they?  Were there any others involved and/or arrested in your current offense(s) referred to Wellness Court? Yes No If so, who?  How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
If yes, where are you on probation?  Do you have any other pending cases that have been charged and you have received notice of? Yes No If so, what are they?  Were there any others involved and/or arrested in your current offense(s) referred to Wellness Court? Yes No If so, who?  How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
If yes, where are you on probation?  Do you have any other pending cases that have been charged and you have received notice of? Yes No If so, what are they?  Were there any others involved and/or arrested in your current offense(s) referred to Wellness Court? Yes No If so, who?  How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Do you have any other pending cases that have been charged and you have received notice of? Yes No  If so, what are they?  Were there any others involved and/or arrested in your current offense(s) referred to Wellness Court? Yes No  If so, who?  How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No  If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Were there any others involved and/or arrested in your current offense(s) referred to Wellness Court? Yes No If so, who?  How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Were there any others involved and/or arrested in your current offense(s) referred to Wellness Court? Yes No  If so, who?  How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No  If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
How is/are your current offense(s) alcohol or drug related?  How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No  If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
How many times have you previously failed to appear for Court?  Have you previously participated in a Wellness or Drug Court(s): Yes No If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Have you previously participated in a Wellness or Drug Court(s): Yes No  If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Have you previously participated in a Wellness or Drug Court(s): Yes No  If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Have you previously participated in a Wellness or Drug Court(s): Yes No  If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
If yes, where was the Court Located?  What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
What was your status when you left the Wellness or Drug Court program?  What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
What year did you last participate in this program?  Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
Do you have legal financial obligations (Court fees or fines) in any other case in any jurisdiction? Yes No
If so, with who and how much?
Do you have any other criminal action (scheduled jail time or court hearings) that may delay or impede your ability to
participate in Wellness Court? Yes No
If so, with who and for what?
If so, with who and for what?
Education Information

What is the highest level of education that you have completed?  Are you currently enrolled in an educational program or school? Yes No  If Yes, What program or school?				
Did you graduate from High School? Yes No	Do you have a GED? Yes No	If yes to either, from where?		

# **Employment Information** Are you currently employed? Yes No If yes, where are you working and how many hours do you work? Do you receive per capita or general welfare payments? Yes If yes, how much? \_ If no, how are you meeting your basic needs? **Transportation** Do you have any transportation issues or concerns? Are you comfortable using public transit? Reference Information / Other Contact (This should be a person who you are in frequent contact with and may know where you are if needed) Reference Last Name First Name Relationship **Full Address Phone Number** Length of Relationship **Frequency of Contact**

Please describe your history with this person:



## **Tulalip Healing to Wellness Court**

#### **Participant Agreement**

By initialing each line, I acknowledge that I have read and understand the following Healing to Wellness Court (HWC) Program terms and conditions:

1.	including self-help meeting (such as sweat lodge, white bison, AA, NA or Al Anon) as set forth in my treatment plan and Wellness Court program, and that I will provide verification of attendance. I understand that compliance with treatment recommendation is mandatory.
2.	I agree to cooperate with the Wellness Court Program Team, Wellness Court Coordinator, Wellness Court Case Manager, Behavioral Health and Recovery and any and all treatment providers. Failure to comply may result in termination.
3.	I agree to attend all treatment meetings, court dates and other scheduled appointments, and I will be on time. I understand that failure to appear for a court date will result in the issuance of a warrant, any other breach of this agreement may result in the issuance of an arrest warrant, and that I am solely responsible for transportation in order to fulfill the terms of the Wellness Court Program.
4.	I agree to sign any and all consent forms waiving confidentiality of any medical, substance use disorder treatment and mental health treatment. I further agree to sign any and all release which will allow the Wellness Court team to review diagnostic and treatment information. If I withdraw my consent, I understand that I will be terminated from the Wellness Court program.
5.	I agree that in order to achieve and maintain sobriety, I need to have a permanent and stable residence that supports a sober lifestyle. I shall notify the Wellness Court case manager or coordinator of any change in my residence as soon as possible but no later than 24 hours upon the change of residence.
6.	I agree to random home visits and/or employment visits, and curfew checks by Wellness Court team and/or Tulalip Police Department.
7.	I agree to allow inspections of my residence by the Wellness Court case manager or Community Supervision Officer and law enforcement. My home and the person I live with will be available for unannounced visits.

8.	I understand that I may also be required to comply with house arrest, curfew, area and person restrictions, electronic monitoring (GPS) via ankle bracelet, scram alcohol monitoring, etc., as part of Stage requirements.
9.	I understand that I may be required by Wellness Court coordinator, case manager and team to stay off social media based on negative impacts.
10.	I understand that I will be given a yearly planner and that it is a requirement of Wellness Court to bring my planner to all court hearings, case manager meetings, SUD appointments, and mental health appointments and if I do not I will be sanctioned. I also understand that if I lose my planner, it is my responsibility to replace it and that it will not be replaced by Wellness Court.
11.	I understand and agree that while Wellness Court staffing discussions usually occur in a private setting but that the team may communicate electronically about my participation and those discussions and communications are not confidential. I also specifically agree that my name and photograph(s), including booking and graduation photos and video or still images which may be obtained during drug court sessions or graduation ceremonies may be used and disseminated in the discretion of the Wellness Court team without the need to obtain further permission from me, although I may also revoke this consent in writing to the Wellness Court at any time.
12.	I understand that I shall not use, possess, or associate with any person(s) who use or possess any controlled substance or illegal drugs such as: heroin, cocaine (powder, base or "crack"), methamphetamine, PCP or LSD, Benzodiazepine, spice, bath salts or any other controlled substance, nor will I abuse any legal or over the counter substances, prescription medicines and I will avoid eating foods containing poppy seeds, alcohol, or any other substance that may result in a positive drug screen.
13.	I agree that that I will not use or possess alcoholic beverages or marijuana.
	I understand places I am not allowed to be include bars, taverns, pubs as well as home party sites, and gathering places where drugs and/or alcohol are being consumed. I understand I may only be on the premises of any casino if I am employed and only during my shift.
15.	I understand that I shall inform my Wellness Court case manager and/or coordinator of any over-counter medication I am using, or may use, and the medication must be non-addictive and not contain alcohol (i.e. mouthwash, cough syrup, etc.). I am responsible for verifying with a pharmacy or medical professional that these medications are non-addictive and do not contain alcohol. I understand that using mood-altering medications prescribed or not, could exclude me from participation in the Wellness Court program.
16.	I understand that I must live in Snohomish County in a place that is sober at all times while participating in Wellness Court

17.	I understand that I am not to have any drugs (including marijuana and designer) alcohol, and or paraphernalia in my home. This rule applies to everyone who lives in the home, regardless if they are participating in court
18.	I will I discuss any address changes with the HWC prior to moving within 24 hours of moving.
19.	I understand I am responsible for informing any medical professional who is treating me that I am in recovery. I am also responsible for notifying my Wellness Court case manager and/or coordinator of all prescriptions and over the counter medications at the earliest convenience but no later than 24 hours.
20.	I understand that if I have an acute pain episode, I must have the Wellness Court Medication form completed by my doctor and copies of the form and prescription given to my treatment provider and Wellness Court case manager. I understand I am to use one physician and one pharmacist for all prescribed medications taken while in the program.
21.	I understand that I will be subject to random drug screening which will be directly observed to assist the Court and treatment providers in evaluating my progress. I understand that a positive test for alcohol or drugs will be sanctioned by the court.
22.	I have read and understand the following drug test rules:
	I will be tested for the presence of drugs in my system on a random basis according to procedures established by the Wellness Court team and/or my treatment provider.
	I will be given a number to call to find out if I have been selected to give a sample and that it is my responsibility to call and if chosen to report for the test.
	If I am late for a test, or miss a test, it will be considered as a positive test for drugs/alcohol and that I may be sanctioned.

I understand that the ingestion of excessive amounts of fluids can result in a diluted urine sample and I understand that my urine sample will be tested to ensure the sample is not

If I fail to produce a urine specimen or if the sample provide is not sufficient quantity, it

If I produce a dilute urine sample it will be considered as a positive test for drugs/alcohol

will be considered a positive test for drugs/alcohol and that I may be sanctioned.

and that I may be sanctioned.

diluted.

I understand that substituting or altering my specimen or trying in any way to modify my body fluids for the purposes of changing the drug testing results will be considered a positive test for drugs/alcohol and will result in sanctioning and may be grounds for termination from Wellness Court program.

23 I agree to participate in any educational, v program ordered by the Wellness Court team to h abiding lifestyle.	
24 I will pay any fees, fines, and/or restitution	as directed by the Court.
25 I agree to inform the Wellness Court c treatment providers of any new arrests, contact wi other situation that may impact my participation in	th law enforcement, summons or any
26 I understand that my participation in the terminated if I fail to make progress toward comple	<u> </u>
27 I understand that my participation in the terminated if I am rearrested, test positive for drugs my court ordered obligations.	1 0
28 I understand the Court can issue warrants time, rather than terminate my participation in the may be increased and may include termination from	program. I understand that sanctions
29 I understand that if I travel outside Snohor exceeds 24 hours that I must first apply in write Wellness Court team.	•
30 I have been given a copy of the participant had and my responsibilities as a Wellness Court participate can ask my case manager or treatment provider at a	oant. I understand if I have questions, I
I have thoroughly read and understand all of these terms program.	and condition of the Wellness Court
Print Name	
Participant Signature	Date
Wellness Court Staff Signature	 Date

## Tulalip Healing to Wellness Court (Wellness Court) GENERAL WELLNESS COURT PROGRAM RULES

Client Name:	
--------------	--

#### Failure to comply with Wellness Court program rules will result in sanctions up to and including termination from the program:

- 1. Wellness Court is an intensive alcohol and drug treatment program. It requires a minimum of 18 months and a maximum of 24 months participation at which time you may be terminated if you have not achieved program graduation requirements.
- 2. You will be expected to attend ALL court appointments and treatment services as scheduled and on time. This includes, **but is not limited to**, the following:
  - So Court ... You will be scheduled for regular court hearings for review of your participation and progress.
  - Treatment ... You will be scheduled for group and individual counseling during your participation in Wellness Court. You may be recommended to attend detoxification services, inpatient treatment, or mental health services based on your treatment plan.
  - Sober Support Meetings/Cultural Support Meetings ... You will be expected to attend at least three sober support meetings each week.
  - Moral Reconation Therapy (MRT) ... You will be required to complete this program. MRT is a program that is designed to deal with you criminal thinking errors and teach moral reasoning.
- 3. Obtaining a high school diploma or GED or completing a vocational training/job skills program is a graduation requirement.
- 4. You must be employed (20+ hours/week) or enrolled in an equivalent vocational/job skills/school program in order to graduate from Wellness Court.
- 5. You will be expected to complete Wellness Court community give back hours and restitution as ordered by the court:
  - Sommunity Give Back Hours ... You will be required to give 40 hours of you time to the community for your participation in Wellness Court.
  - **Restitution** ... You are required to pay all restitution ordered by the court for all cases brought into Wellness Court.
- 6. Random urinalysis (UA) testing is a requirement of Wellness Court. All drug and alcohol testing will only be accepted and performed by a collection site approved by Wellness Court. You **must** be available to provide a sample **7 days-a-week**, **365 days-a-year** during your participation in Wellness Court. You may also be told at any time, either in-person or by phone (*this includes voicemail*), that you will be required to submit a UA test that same day. Observed UA testing is required as part of the Wellness Court UA testing protocol. A same sex staff person will directly observe the collection of all UA tests.
- 7. All UA testing results are confirmed. You will be sanctioned for providing positive, missed, diluted, tampered or unable to provide UA specimens. UA specimens below 90 degrees, above 100 degrees, or that have a creatinine level below 20 mg/dL will be presumed to be failed and will result in a sanction. You must not drink fluids excessively before UA testing.
- 8. You must avoid environmental contaminates or foods that can conflict with UA testing results. <u>You are responsible to check all labels.</u> These include but are not limited to:
  - **Products containing alcohol** (Hand sanitizer, mouthwash, medications, etc.)
  - **➣** Foods cooked or prepared with alcohol
  - Poppy Seeds (Sometimes hidden in breads, muffins, bagels, pastries, salad dressings, etc.)
  - **∞** Energy Drinks
  - **⋄** Supplements containing Creatine
- 9. You are expected to abstain from use of all substances that may be habit forming, have abuse potential, and are harmful to your recovery or that conflict with UA testing while participating in Wellness Court, except under the direct supervision of a physician.

- Prescription Medications ... You must inform your medical provider of your participation in Wellness Court prior to receiving any prescription medication(s).
- Over-the-counter Medications/Supplements/Etc. ... You must have approval from your case manager prior to taking any over-the-counter medication, supplements, natural remedies, vitamins, etc.

### A MEDICATION FORM MUST BE SUBMITTED AND APPROVED BY YOUR CASE MANAGER IN ADVANCE PRIOR TO TAKING ANY OF THE ABOVE SUBSTANCES.

- 10. You must demonstrate a minimum of 120 consecutive days clean and sober from all habit forming substances and UA violations such as: positive, missed, unable to provide, diluted, or tampered UA tests, in order to graduate from Wellness Court.
- 11. You are **not** to associate with people who are engaged in Drug and/or Alcohol use or illegal activities.
- 12. You must reside in Snohomish County in a residence that is clean and sober. You will be subjected to unannounced home visits by the Wellness Court team during your participation in Wellness Court. If your address or phone number changes, you must notify your case manager within 24 hours of that change.
- 13. You must notify your case manager immediately if you have any contact with law enforcement. If you accrue new charges while in Wellness Court, you **may be terminated** from the program.
- 14. You **must** get permission from your case manager before you leave the State of Washington, regardless of the amount of time that you will be gone.
- 15. Failure to attend scheduled court hearings may result in a bench warrant being issued. If a bench warrant is issued, you may be terminated from Wellness Court. You will be terminated from Wellness Court if you are on bench warrant longer than 90 days.
- 16. You must contact your treatment counselor and case manager immediately if you have relapsed. Your success in Wellness Court requires you to be honest about all aspects of your life. If you are dishonest with the court in any way (e.g., forgery, omission of information, etc.), you may be terminated from Wellness Court.

By signing below, you acknowledge that you have reviewed and understand the above general Wellness Court rules.			
Client Signature	Date	Wellness Court Staff Signature	Date



#### REFERRAL FORM

Please submit completed form to  $\frac{\text{wellnesscourt}(\text{@tulaliptribes-nsn.gov})}{0657}$ , fax (360) 716-

Client Information	
Name:	Phone:
D0B:	Tribe:
Address:	Charge(s):
Cause No(s):	
Has the client participated in a Wellness/Drug Court befor	re?[]Yes []No
Does the client have a family member currently enrolled	in Wellness Court? [ ] Yes [ ]No
If yes, who	<del></del>
Potential incarceration time:	
COVID-19 Vaccination: [ ] NO [ ] YES please circle MODE	ERNA; PFIZER; Johnson & Johnson
Referral Source:	
Referred By:	
[ ] Defense Attorney	Probation Officer [ ] Police
[ ] Self [ ] Wellness Court team member	[ ] Judge
Phone Number:	

Date:
-------

#### Eligibility Criteria:

- Participant must be willing to change their life
- Participant must be a member of federally recognized tribe
- Participant must be 18 years of age or older
- Participant must have a pending charge for a drug or alcohol related crime and/or pending probation revocation in the Tulalip Tribal Court
- Participant must be diagnosed with a substance use disorder
- Participant must be capable of following program rules and requirements
- Vaccinated against COVID-19

#### Eligible Offenses

- Drug offenses
- All property crimes
- Theft
- Robbery
- Burglary
- Probation violation

If the participant meets one or more of the following criteria, defendant will be ineligible for participation in Wellness Court:

- Participant is excluded from the Tulalip Reservation
- Participant is a registered sex offender
- Participant is being charged with a violent felony or has exhibited a pattern of engaging in domestic violence
- Participant has another charge pending for which they would be deemed ineligible
- Participant was convicted or has pending charge(s) of sex offense
- Participant has a medical or psychiatric condition causing a degree of impairment or instability such that it would interfere with program participation and functioning

Please attach the following documents to complete the referral:

- 1. Defendant criminal history
  - a. Tribal history
  - b. JIS/State history
- 2. Police Report
- 3. Criminal Compliant

#### Making a {Living} Recovery Plan

The following areas should be addressed in your recovery plan. Some areas only require that you list items. Others involve planning. For those areas write goals for the next 6 months as well as long term.

#### 1.0 Risks to My Recovery:

- 1.1 Your triggers: Write out lists of all your personal triggers, including people, places, situations, memories, feelings, emotions, moods, frustrations, and anything else you can think of which might "trigger" you to Think about using again.
  - For each specific personal trigger that you listed write your specific, realistic personal strategy to avoid and/or to deal with it effectively.
  - What is the one thing you will always do, no matter what, whenever you think about using again?

#### 2.0 My Personal Support Plan (people, groups, dealing with my issues)

- Ongoing commitment to 12-step and/or other formal recovery support group meetings (describe your plans, schedule and thoughts about formal recovery support groups and going to the meetings).
  - Will your attitudes about recovery support groups help or harm the odds of your success and your long-term abstinence from psychoactive substances?
- Sponsorship
  - What are your plans for getting a recovery sponsor?
  - ➤ What qualities will you seek in your sponsor? Why are these qualities important to You and your Recovery?
  - ➤ What is your timeline for having an official recovery sponsor?
- Step work (set goals)
  - > Do you intend to "work the steps" in your Recovery? Why not?
  - If you do, what is your plan and method for doing it?
  - Who will you share your work with so you can get realistic and helpful feedback?
- Professional help and supports for other issues (medical, psychological/mental health, emotional issues, life skills, financial, etc.)
  - Write a brief statement about how you feel about using each of these kinds of supports in your recovery.
  - Write brief, specific statements about your plans to arrange and follow through with appointments with professionals for help in these areas in your Recovery.

- ✓ Identify Where you will go for the help
- ✓ If known, Who will you see for the help
- ✓ As soon as possible, schedule When you will see a provider
- ✓ As always, specific How you will get there (e.g., drive, get a ride with [friend, relative], take the bus(ses)
- ✓ Write all appointments on your Schedule Book/Calendar

#### 3.0 Ongoing Self Care Plans

- Vision for your life: [write out a statement to yourself about how and where you see yourself in your future Life in Recovery. Pick any time that you think is or will be important for you to think about and to plan for].
- Health and Wellness Plans:
  - ➤ What health/dental issues or concerns do you need to take care of?
    - O What are your plans to address these needs?
    - o Identify providers and schedule needed appointments
    - o Write the appointment days and times on your Planner/Calendar
- Characteristics you need in living situations: Roommates/housemates, animals, rent/own, city, town or country, large or small, any other important housing or living situation needs? (e.g., on bus line, near shopping, treatment, court/probation, etc.)
- Needs/goals for social activities/friends: Who is in your life now that supports your quitting and will be safe and healthy for you to be around and associate with?
  - What are you planning to do to meet new, non-using people who might become your new friends?
  - ➤ Write out a statement or list of the qualities you need/want to find in someone you will think of as your friend in the future. These things should be based on:
    - Keeping your Recovery First in Your Mind;
    - ❖ Staying Always True to Your Values, Beliefs and Boundaries:

#### 4.0 characteristics important to me for my career & work

- What do you really want to do for a living now that you do not use psychoactive substances any longer?
  - ➤ What is it about this type of work, or specific job, that appeals to you?
  - Are you fully qualified to do the kind of work you want to do?
  - > If not, what will it take to become qualified?
  - > Is it realistic and achievable for you to want to do this kind of work?

- What are the barriers and obstacles that are between you now and you doing this kind of work?
- ➤ Write a list of everything you will need to do in order to become qualified to do this work. Does this still look like a realistic goal for you?
- ➤ Which of Your Personal Values, as you now understand them or want them to be, would be strengthened by doing this kind of work?
- Which of Your Personal Values would be Violated or Compromised if you did this kind of work?
- What are the most important things to you about work and/or a job?
- Do you have a career already? Do you want to have a "career"?

#### 5.0 Nutrition, exercise, sleep: What I'm going to Do in Recovery

- In the past few years how would you rate yourself in these three critical recovery areas? How/what have you been eating? What kinds of things have you been doing for exercise; how often have you been doing these things? What have your sleep habits been like?
- Write your current plans for healthy daily nutrition.
  - What kinds of foods and liquids will you consume? Why?
  - What kinds of foods and liquids will you not consume? Why Not?
- How do you plan to get enough regular exercise and stay fit in your Recovery?
- Why do you think getting 7-9 hours of sound sleep every night is important to do?
  - What conditions do you believe you need to have to get this amount of sleep?

# 6.0 Spiritual Life: Prayer, Faith, Philosophies, etc. aka: THE BIGGER PICTURE!: How will I make sense of My Life in Recovery?

- What are you present thoughts and beliefs about the "meaning of your life"?
  - How does that belief system affect your Recovery Plans?
- Is Spirituality going to be a major factor in your Recovery? Why? Why not?
- Where will you get your Inner Strength and determination to stay abstinent?
- How important to you are your religious beliefs?
  - Do you attend formal religious services or plan to do so?
  - Do you weigh your decisions in Recovery based on your Beliefs and Personal Values?
- What will you do or keep in mind that will enable you to stay "In The Moment" and be "Present in the Present" in Your Recovery?

- Activities that nurture you:
  - What are you planning to do for fun?
  - What are you planning to do for mental growth and learning?
  - What are you planning to do to avoid feeling "bored"?
  - What are you planning to do when you feel sad or depressed?
- What attitudes will you try to have each day? Which ones will you try to avoid having?

Write all these things down, along with everything else that you personally, believe or feel about Life's Big Picture, and things that you will need to do to Nurture Yourself in Your Recovery.

#### 7.0 Romance/Intimacy; What Do I Want and When Do I Want It in Recovery?

This may seem especially hard to plan ahead of time, but, like all the other areas of your Life in Recovery, Plans help prevent mistakes, accidents, loss of focus and awareness and Relapse.

Take the time to think and write about your thoughts on sexual/intimate relationships. Odds are they will be quite different through eyes focused on Recovery than when you were in your active addiction years.

Be Honest with yourself about these things: Sexual/Intimate relationships, significant others, life-partners, girlfriends, boyfriends, wives, spouses, husbands, whatever we call them, these are the most valuable, and the most vulnerable, relationships in our Lives.

In Recovery we need to know when a relationship is wrong and destructive for us, and when it is healthy, nurturing and beautiful. It's the difference between success and failure in Recovery, and a matter of Life and Death to our Spirit and Our Hopes.

# 8.0 Personal intimate relationship philosophy (purpose and nature of sex, romance, and relationships in general):

- Who to date, how to date, and when to be sexual, or if already in a sexual relationship:
  - How will your relationship be affected by your Recovery? Is it a relationship that is healthy for you, or not. If not, what are you going to do about it?

- ➤ If you are not in a sexual relationship but want to be in one someday, define in your mind, then on paper, what you want in the other person.
- Write a statement about facing problems in your primary relationships:
  - ➤ How will your communication and problem-solving approaches be different in your Recovery than they were in your past?
- What changes do You need to make before you are ready for an intimate/romantic commitment?

# 9.0 Recreation, hobbies, vacations: What Will I Do Besides Think About Recovery in My New Abstinent Lifestyle?

- Make lists of things you intend to do to "re-create" in Recovery. These should be
  either things you used to do but quit during your addicted years and want to
  pick-up again, or, things you've always wanted to try but never got around to
  doing in the past.
- What are your hobbies in life? What were they at one time? Why did you stop engaging in certain hobbies? Was it boring? Did you 'outgrow it'? Or, do you regret stopping this activity and can't wait to pick it up again?
- What are you plans for "vacations" away from day-to-day responsibilities in the coming year? [Hint: the 'key phrase' is "away from day-to-day responsibilities"]
- Vacations in this sense are: Planned times when you kick back, enjoy your life (with or without the company of others), recharge your "coping batteries" and reflect on the progress you've made in recovery and are grateful for all the changes that you have caused to happen for the better in your life.
- So, what are your Vacation Plans for the next year? You don't have to 'go anywhere special' to be on a vacation. A Vacation is a State of Mind!

#### 10.0 Holidays, family time: Planning ahead for My Safety with Others in Mind

- What are the important holidays in your Year? Why are these the ones you picked as important?
- How did you spend each of these important holidays during your addicted years?
- How do you plan on spending them in your Recovery? Be specific, as always, about where, with whom, what you'll be doing and your emotional responses to these holiday plans.
- What do you have to do in order for these plans to become realities?
- Are there family members it will not be safe for you to be around at holidaytime?
- Who? How will you deal with this problem?

• What do you plan to do to stay safe in Recovery when family members are using at holiday get-togethers?

#### 11.0 My Ongoing Relapse Prevention Strategies

- Who you will be accountable to for keeping yourself safe, on-track and focused on Your Recovery?
- **Relapse Danger Signs:** when to do immediate self-analysis of the dangerous issues, behaviors, feelings, attitudes or relationships that are putting you at risk for using again.
  - What is your Plan for addressing the Dangers and Risks you identified?

<u>When and how often will you review this Recovery Plan</u>: track your progress & make needed changes and updates to The Plan.

What will keep this a "Living Document" in Your Recovery?

\* Remember: A Life Mindfully-Lived Greatly Increases Your Odds of Being Successful in Your Recovery!!

TAKE A DAILY RECOVERY INVENTORY AND BE GRATEFUL!



Melissa Johnson (Program Manager) TEL (360) 716-4764 Cell (425) 297-0779 Erika Moore (Treatment Coordinator/Case Man) TEL (360-716-4771, CELL (360)926-6902 Kimberly Nelson (Recovery Support Specialist) TEL (360) 716-4753, CELL 425-564-516-1587 (WC CSO/Case Manager)TEL (360) 716-4752; Wellness Court 360-716-472 FAX (360) 716-4723

#### Stage One (Stabilization) Checklist

Name:	Stage Start Date:
We	lcome to the Healing to Wellness Court! You are currently in the
stabilizat	ion stage of Wellness Court. In order to move to the next stage of this
I	program, you will be required to complete the following tasks.
Yes or No	Task
	Attend Wellness Court weekly as scheduled
	Meet with your treatment provider to identify treatment goals
	Comply with treatment & WC requirements
	Comply with GPS monitoring
	Comply with curfew of 9:00 pm – 6:00 am
	Attend weekly office visits with Wellness Court case manager
	Address housing barriers
	Get medical assessment & schedule dental assessment
	Provide urinalysis samples as scheduled
	Attend cultural activity once per month
	Attend a minimum of three 12 step/support/cultural support
	meetings per week.  Develop a restitution payment plan, if applicable
	Other individual requirements-no missed UA's for 14 consecutive days
	, Wellness Court Case Manager or Designee, affirm that ness Court participant has successfully completed all requirements in Stage 1 of Wellness and is eligible to advance to the next Stage. Prior to the participant staging up, I have reviewed
	cipant Handbook regarding this Stage, as well as the participant's compliance, and the int has met every requirement, which is outlined in the above checklist.

date



Signature\_

Melissa Johnson (Program Manager) TEL (360) 716-4764 Cell (425) 297-0779 Erika Moore (Treatment Coordinator/Case Man) TEL (360-716-4771, CELL (360)926-6902 Kimberly Nelson (Recovery Support Specialist) TEL (360) 716-4753, CELL 425-564-516-1587 (WC CSO/Case Manager) TEL (360) 716-4752; Wellness Court 360-716-4723 FAX (360) 716-0350

#### Stage Two (Accountability) Checklist

Name:	Stage Start Date:
Vellness Court	e Healing to Wellness Court! You are currently in the accountability stage of the interest. In order to move to the next stage of this program, you will be required to bllowing tasks.
Yes or No	Task
	Attend Wellness Court weekly as scheduled
	Maintain sober housing
	Comply with treatment & WC requirements
	Attend cultural activity once per month
	Comply with curfew of 10:00 pm – 6:00 am
	Provide your case manager with a copy of your High School Diploma or General Education Degree (GED) – or identify education/vocational training/job skills plan with your case manager
	Attend weekly office visits with Wellness Court case manager
	Attend Moral Recognition Therapy (MRT) and complete steps 1-4
	Begin working on your Recovery Plan Assignment
	Provide urinalysis samples as scheduled
	Attend a minimum of three 12 step/support/cultural support meetings per week.
	Attend scheduled dental assessment
	Other individual requirements (optional): 90 days Min.
ligible to advan andbook regar	, Wellness Court Case Manager or Designee, affirm that this participant has successfully completed all requirements in Stage 2 of Wellness Court, and is ce to the next Stage. Prior to the participant staging up, I have reviewed the Participant ding this Stage, as well as the participant's compliance, and the participant has met every nich is outlined in the above checklist.

date\_\_



**Tulalip Healing to Wellness Court** 

Melissa Johnson (Program Manager) TEL (360) 716-4764 Cell (425) 297-0779 Erika Moore (Treatment Coordinator/Case Man) TEL (360-716-4771, CELL (360)926-6902 Kimberly Nelson (Recovery Support Specialist) TEL (360) 716-4753, CELL 425-564-516-1587 (WC CSO/Case Manager) TEL (360) 716-4752; Wellness Court 360-716-4723 FAX (360) 716-0350

#### Stage Three (Life Skills) Checklist

Name:	Stage Start Date:		
of Wellness (	the Healing to Wellness Court! You are currently in the life skills stage Court. In order to move to the next stage of this program, you will be omplete the following tasks.		
Yes or No	Task		
	Attend Wellness Court weekly as scheduled		
	Maintain sober housing		
	Comply with treatment and WC recommendations		
	Attend cultural activity once per month		
	Continue to work on educational/vocational training/job skills plan and		
	Attend weekly office visits with Wellness Court case manager		
	Complete MRT		
	Continue working on your Recovery Plan Assignment in treatment		
	Provide urinalysis samples as scheduled		
	Attend a minimum of three 12 step/support/cultural support meetings per week		
	Other individual requirements (optional): 90 days min.		
Court, a	, Wellness Court Case Manager or Designee, affirm that Iness Court participant has successfully completed all requirements in Stage 3 of Wellness and is eligible to advance to the next Stage. Prior to the participant staging up, I have reviewed icipant Handbook regarding this Stage, as well as the participant's compliance, and the ant has met every requirement, which is outlined in the above checklist.		
Signatu	re date		



Signature

Melissa Johnson (Program Manager) TEL (360) 716-4764 Cell (425) 297-0779 Erika Moore (Treatment Coordinator/Case Man) TEL (360-716-4771, CELL (360)926-6902 Kimberly Nelson (Recovery Support Specialist) TEL (360) 716-4753, CELL 425-564-516-1587 (WC CSO/Case Manager) TEL (360) 716-4752; Wellness Court 360-716-4723 FAX (360) 716-0350

#### **Stage Four (Independence) Checklist**

es or No	Task					
	Attend Wellness Court every other week as scheduled  Maintain sober housing					
						Comply with Treatment and WC requirements
	Establish sober network					
		Obtain and maintain employment (minimum 20 hours per week) or enroll in and attend school (minimum ten credits per quarter)				
	Attend every other week office visits with Wellness Court case manager					
	Attend cultural activity once per month					
	Complete community give back hours (40 hours)					
	Provide urinalysis samples as scheduled					
	Attend a minimum of three 12 step/support/cultural support meetings per week					
	Complete your Recovery Plan Assignment					
	Other individual requirements (optional): 90 days min.					
	Stay up to date with your dental appointments.					

date



Signature\_

Melissa Johnson (Program Manager) TEL (360) 716-4764 Cell (425) 297-0779 Erika Moore (Treatment Coordinator/Case Man) TEL (360-716-4771, CELL (360)926-6902 Kimberly Nelson (Recovery Support Specialist) TEL (360) 716-4753, CELL 425-564-516-1587 Mark Houle (WC CSO/Case Manager) TEL (360) 716-4752; Wellness Court 360-716-4723 FAX (360) 716-0350

#### Stage Five (Mastery) Checklist

Name:	Stage Start Date:					
Wellness C	he Healing to Wellness Court! You are currently in the mastery stage Court. In order to move to the next stage of this program, you will be emplete the following tasks.					
Yes or No	Task					
	Attend Wellness Court as scheduled					
	Maintain sober housing					
	Comply with all treatment and WC requirements					
	Maintain sober network					
	Obtain and maintain employment (minimum 20 hours per week) or enroll in and attend school (minimum ten credits per quarter)					
	Attend monthly office visits with Wellness Court case manager					
	Review program requirements with case manager and make sure everything is complete					
	Provide urinalysis samples as scheduled					
	Attend cultural activity once per month					
	Attend a minimum of three 12 step/support/cultural support meetings per week					
	Maintain medical/dental insurance and appropriate treatment					
	Pay off all restitution					
	Other individual requirements (optional): 120 days min.					
Court, an the Parti	, Wellness Court Case Manager or Designee, affirm thess Court participant has successfully completed all requirements in Stage 5 of Wellness d is eligible to advance to the next Stage. Prior to the participant staging up, I have review cipant Handbook regarding this Stage, as well as the participant's compliance, and the nt has met every requirement, which is outlined in the above checklist.					

\_\_\_\_\_date\_





## **Tulalip Healing to Wellness Court**

#### Trip Request Form – Complete front and back!

Requirements:							
☐ Be in Stages 2 through 5. Current Stage:							
☐ Must be in 100% compliance for at least 3 weeks							
Your trip request must be submitted before 12 pm on Tuesdays' to be staffed that day. If it is submitted after this time it will not be staffed until the following Tuesday.							
If the above requirements are met, please fill out the rest of the form. You will receive a decision once the request has been staffed with the Wellness Court team. Please turn in the completed form to a Wellness Court Case Manager.							
Participant Name:							
Date request submitted:							
Location of Trip:							
What is the reason for the trip?							
What day and approximate time are you leaving?							
What day and approximate time are you returning?							
What is the address of where you are staying?							
How are you traveling?							
What is your plan to attend sober support meetings while gone?							
These are the established rules for all trip requests. Please read and <b>initial</b> each line to acknowledge you've read and understand the rules. Complete both sides of this form							

Please return this form directly to the Wellness Court Case Manager: Tel #: 360-716-4771 Fax #: 360-716-0350

pg. 1 of 2

Rules:							
	You are only allowed up to 15 days of Trip Reque Wellness Court.	ests total during your participation in					
	The Wellness Court Case Manager will screen the request; if the eligibility for Trip Request has not been met, the Case Manager will decline the request.						
	Family emergencies that require the participant be incentives and are reviewed on a case-by-case bas						
	All trip requests are approved for only the dates/ti approved Trip Request form. Once approved, you dates/times and/or location of a Trip Request with approval.	are not allowed to change the					
	If you leave later than the date/time listed on your approved Trip Request form, you must notify your Wellness Court Case Manager and get approval of any changes prior to leaving. If you return earlier than the date/time listed on your approved Trip Request form, you are required to notify your Wellness Court Case Manager immediately  You are required to comply with Wellness Court requirements during the entire duration of your trip unless preapproved by the Wellness Court Team.  You may be sanctioned if you fail to complete Wellness Court requirements when you leave late and/or return early from an approved Trip Request.						
	Participants must attend the required number of so	ober support meetings for the week.					
Participan	nt signature:	Date:					
□ Ap	pproved						
□ De	enied						
Reason for	r denial:						
Wellness C	Court Staff signature:	Date:					

# FISHING AND HUNTING TREATY RIGHTS

[NAME]
[DATE]
[ARE YOU IN STAGE 3 AND ABOVE?]
[ARE YOU IN FULL COMPLIANCE?]



- Turn in form ASAP -get pre-approval
- Sign in and out using mobile trek (culture event) and take selfie
  - Take UA's as assigned below

# THE WELLNESS COURT FULLY SUPPORTS SOVERIEGN TREATY RIGHTS AND WILL DO OUR BEST TO ACCOMMODATE YOU AS WE KNOW THIS IS A PART OF LIFE AND A SOURCE OF INCOME:

If you plan on exercising your rights, you must still honor Wellness Court program rules and complete all program requirements. If the activity interferes with your UA or treatment, you must follow any notes listed below. You must also notify your treatment provider in advance. To be considered, you must be in full compliance. You must also have permission prior to going.

Your UA schedule will only be accommodated depending on the location and length of your hunting/fishing request. Please fill out form and follow any recommendations noted. If you have any questions please call your case manager.

Remember, court cannot be excused two consecutive times.

I fully understand what is expected of me:

DATES OF PLANNED TREATY ACTIVITY: LOCATION:										
FILL OUT TIME AND DATES YOU WILL BE GONE EACH DAY										
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
							>			
Participant must take UA's as scheduled but can receive a late pass (CDAC closes at 3:30)										
Participant must take UA's that are indicated above, the time period between will be excused										
NOTES:										
SIGNATURE: CASEMANAGER SIGNATURE:										