



# **Weaving the Peer Recovery Advocate into the Braided Services Wellness Court Team**

Rhonda Decontie, Magistrate Judge

Kylee Francis-Fowler, Peer Recovery Advocate



# What we hope to share:

- The process of weaving a Peer Recovery Advocate (PRA) into the Wellness Team
- Duties and Trainings
- Developing an Alumni Group





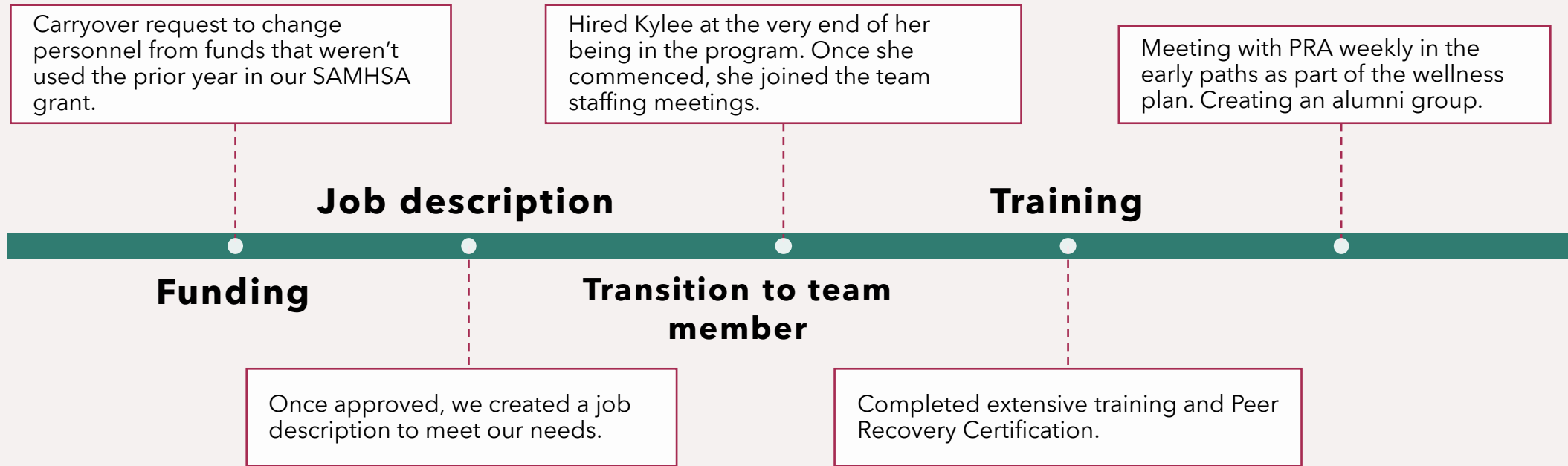
This presentation will focus on the growth and benefits of weaving a Peer Recovery Advocate (PRA) into the Wellness Team. This role has been in creation for almost two years. It started with a thought and transpired into a much-needed position.

# Introduction



**The way to get  
started is to quit  
talking and  
begin doing.**

Walt Disney



# Peer Recovery Advocate Creation Story

# Key Duties:

- Serve as a mentor for participants by demonstrating ways to set healthy boundaries, become empowered and self-responsible.
- Good communication skills and ability to establish rapport with participants, family members, and other resources.
- Resourceful and ability to advocate for self and others and ability to identify resources within the community.
- Ability to navigate traditional and non-traditional systems.
- Providing care management and care coordination services.



# Peer Recovery Advocate Training

- Wellbriety: Firestarter Facilitator
- White Bison: Warrior Down/Recovery Coaches Facilitator
- White Bison: Mending Broken Hearts
- Mental Health First Aid USA
- How to Live and Work with Differing Perspectives
- Recovery Coach Academy Healthy Acadia
- Leadership Academy Project Series
- Certified Intentional Peer Support Certification (CIPS)
- Peer Support 101
- Neurobiology of Addiction

# Care Management & Care Coordination



## Collaborating with other departments

- Medically Assisted Treatment
  - Nolawesi
  - Local Recovery and Peer Centers
  - Fellowship gatherings
- 

## Removing barriers to treatment

- Transportation: Court hearings, weekly HWC group, AA/NA/Wellbriety meetings, Treatment
- Crisis support as needed

## Wellbriety

- During COVID Kylee created a weekly Wellbriety meeting at our pavilion on the reservation as this was a need in the community. Since we have re-opened, the meetings are held at the Court and are offered in person and online.



# Developing the Penobscot Alumni Group

- Increase engagement with graduates
- Monthly Alumni meetings
- Provide healthy, connections with the land, water, with each other and with themselves.



# Peer Recovery Advocate Highlights

- 2023 TLPI's Wellness Court Advocate Award
- 2023 Board of Directors for the National Treatment Court Alumni Association



# Woliwoni Thank you

Rhonda Decontie

Kylee Francis-Fowler

[Rhonda.Decontie@penobscotnation.org](mailto:Rhonda.Decontie@penobscotnation.org)

[Kylee.Francis-Fowler@penobscotnation.org](mailto:Kylee.Francis-Fowler@penobscotnation.org)

